

WEEK OF FEB 4-10, 2024

Looking over your Sound Bites and notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

Getting Started

1. What do you find satisfaction in?

2. When are you most content?

3. What are some of the things in your life that drive you?

4. What does it mean to hunger and thirst for righteousness?
 - Do you hunger and thirst for yourself, others, or both?

We have taken Jesus' words and reversed them—we pursue happiness believing we will find fulfillment, but Jesus said seek righteousness and you will find happiness and fulfillment.

FOUNDRY GROUPS

- What are some of the things you chase to find happiness and fulfillment?

- How can you seek righteousness?

Read Psalm 63:1

In this Psalm, David speaks of yearning and his whole being “longing” for God.

- How does this Psalm make you feel? Are there any parts of you that are jealous of David’s relationship with God? Do you yearn or long for God’s presence? Why do you think that is?

In Deuteronomy 8:3 and Matthew 4:4 God teaches us that we will not “live by bread alone, but by every word that comes from the mouth of God”

- How do you live by “every word that comes from the mouth of God”? What does that look like?

Digging Deeper

Matthew 5:6 “Blessed are those who hunger and thirst for righteousness for they will be filled.”

As we have examined in this passage and others from our devotions we know that we need God and His word to sustain us, as He is the living water and He is the bread of life. It is said our physical body needs “3 meals a day” but what about our spiritual bodies?

- How many “meals” would you say you feed your spirit each day/week?

- How are you feeding your spirit?

- If your spirit is not being fed properly, what do you think will happen to it?

- If you are neglecting your spirit, what is taking its place?

FOUNDRY GROUPS

Taking it Home

What are 2-3 things you would like to start doing to “feed” your spirit and grow it in a healthier way?

Prayer Requests

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Encourage “popcorn” prayer and have everyone be involved (do not force anyone to pray)