## THE SERMON ON THE MOUNT **INSIDE OUT**

#### FOUNDRY GROUPS WORKBOOK

#### INSIDE OUT

Copyright © 2024 by The Foundry Church

All rights reserved. No part of this book may be reproduced or transmitted in any form or by any means without written permission from the author.

Printed in the USA by 48 Hour Books (www.48HrBooks.com)

#### INSIDE OUT TABLE OF CONTENTS

INTRODUCTION	5
COMMITMENT	7
GUIDELINES & COMMITMENT	9
GROUPS CONTENT	11
APRIL 14-20, 2024	13
APRIL 21-27, 2024	19
APRIL 28- MAY 4, 2024	25
MAY 5-11, 2024	
MAY 12-18, 2024	
MAY 19-25, 2024	45
MAY 25- JUN 1, 2024	51

#### Hey Foundry Group Members,

We are so excited that you have chosen to be a part of a Foundry Group this quarter! Our team has been praying for you, your Group, and the conversations that will take place this Spring.

We hope that you will take time each week to read the Word of God, and the devotions our writing team has put together, and to work through the pages in this workbook that correspond to the teachings. We believe that gathering together in a Christian community is a way for God to move in your life, challenge you, and help refine you to become more like our Lord and Savior Jesus Christ.

In this workbook you will find the following:

#### • A Commitment Page

- This page discusses the importance and purpose of Foundry Groups as well as how they function. It ends with the five marks of a healthy group.

#### Guidelines Page

- Being in a Group is a commitment and one we hope that you will take seriously. Consistency is a key component to spiritual growth and we want your group to meet regularly, on time, and to study and pray with one another.

#### Workbook Questions

- You will find questions for our fall series Behind the Worship. The week is broken into four sections.

#### 1. Groups Questions

There are five to ten questions each week that are the "meat" of the content to discuss.

#### 2. Digging Deeper

If you find yourself with time left after completing the Groups Questions, we encourage you to dig a little deeper. This section has more reading, some word studies, and other commentaries from biblical scholars.

#### 3. Take It Home

We want you to not only read the Word of God but we want you to apply it to your life. This section is a time to reflect on all that you've studied and discussed and write a truth you will live out.

#### 4. Prayer Requests

We want to encourage you and your Group to pray! This is such an important part of being in a Christian community, that we actually consider it the second most important part next to reading the Word of God. Write down your requests and the requests of your Group members and pray for them.

We can't wait to hear and see all that God does in your Group this Spring. If you have any questions or comments please don't hesitate to reach out to our team at groups@foundrychurch.net.

Blessings, Joshua DeVries and Chantal VanDyke

#### INSIDE OUT COMMITMENT

Small groups thrive on consistency and participation! The purpose of this commitment is to help you discuss and clarify your group's goals, expectations, and commitments.

#### FOUNDRY GROUPS: THEIR PURPOSE

Foundry Groups exist to promote spiritual maturity and personal growth through meaningful Christian relationships and the study of God's Word (Romans 8:29 & Hebrews 10:24-25). We'll do this by focusing on four primary activities:

**SHARE -** Each week we'll take time to share what is happening in our lives. At first, this sharing can include planned "sharing questions," but after the first few weeks, it will become more informal and personal as we feel more comfortable.

**STUDY -** Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life.

**SUPPORT -** Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms, such as prayer, encouragement, listening, challenging one another, and meeting real needs.

**SERVE -** Spiritual growth is fostered not only by what we gain through the support and input of others but also through service to others. The role each of us fills is essential to the health of the church and for us to be the hands and feet of Jesus to our

community (Ephesians 4:11-16). Throughout the quarter, it is our hope you can find and/or be affirmed in the ways God has designed you to serve and make a difference in God's Kingdom.

#### FIVE MARKS OF A HEALTHY GROUP

For our group to be healthy, we need to...

- 1. Make spiritual growth our number one priority (Romans 8:29).
- 2. Accept one another (Romans 15:7).
- 3. Take care of one another (John 13:34).
- 4. Treat each other with respect (Ephesians 4:25-5:2).

5. Keep our commitments to the group (Psalm 15:1-2, 4b).

#### **GUIDELINES & COMMITMENT**

#### 1. <u>Dates</u>

We'll meet on \_\_\_\_\_ nights for \_\_\_\_\_ weeks. Our final meeting of this quarter will be on

#### 2. <u>Time</u>

We'll arrive between \_\_\_\_\_ & \_\_\_\_ and begin the meeting at \_\_\_\_\_. We'll spend approximately \_\_\_\_\_ minutes in singing (optional), \_\_\_\_\_ minutes in study/discussion, and \_\_\_\_\_ minutes in prayer/ sharing.

#### 3. <u>Study</u>

Our studies will focus on the same topic covered in the previous weekend's sermon. Our goal is to hear from everyone every night and keep God's Word at the center.

#### 4. <u>Prayer</u>

Praying for one another.

#### 5. Homework & Attendance

Joining a Foundry Group requires a commitment to attend each week and do the homework ahead of time. Obviously, allowances are made for sickness, work conflicts, and other special events—but not much more! If we cannot come to a meeting, we will call or text \_\_\_\_\_\_.

#### 6. <u>Dessert</u>

#### 7. Social & Service Projects

Get out your calendars and plan a day during our Social and Serve week for your Group to get together.

# **GROUPS CONTENT**

#### INSIDE OUT APRIL 14-20, 2024

#### <u>Getting To Know You</u>

One of the great parts of being in a Group at the Foundry is getting to know others better. Take a moment to jot down your answers to the questions below and be ready to share with your group.

Tell us about yourself...

• What was the best vacation you ever took? What made it so great?

• What's one job you've had that you would never do again?

• What's your favorite way to spend a day off? Where would you go, what would you eat, what would you do, and who would you spend time with?

• Looking over your Sound Bites and notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

#### **Getting Started**

In Genesis 9:5-6 we learned "...for in the image of God has God made man." and in Psalms 8:5 we have been "crowned with honor and glory."

**1.** What does it mean to you that you are made in the image of God?

• How does it make you feel to know that you've been crowned with "honor and glory"?

2. If you looked at others as image bearers of God would that change the way you treat them? Why or why not? How would/should we treat others?

It is often easy to look at our accomplishments in life without giving God any credit. Last week we read in our devotions that being prideful or arrogant leads to thoughtless actions. These actions please ourselves, lead to willfully denying help and even push God to the side. Being prideful will close our ears to advice and truth and it will keep us from learning. Psalms 10:4 says "In his pride, the wicked man does not seek him; in all his thoughts there is no room for God."

**3.** What are some things that you take pride in? Are there any people you take pride in?

• Do you think your pride ever blinds you from the truth? Is it hard to hear the truth from others?

**4.** What are some things that can/will keep you from becoming prideful and keep the thoughtless actions away?

#### **Digging Deeper**

Read Luke 6:43-45.

If we are each to be known/recognized by the fruit we bear it is important for us to know what good fruit is and what bad fruit is.

- 1. Read Galatians 5:16-24
  - What are the works or fruits of the flesh (bad fruit)?

• What are the works of fruits of the Spirit (good fruit)?

Read John 15:4-5

• Can you bear good fruit by yourself?

• How will you bear a lot of good fruit?

When we are connected to God and intentional about our relationship with Him we will produce the fruit that He cultivates in us. The fruit that we bear isn't of our own doing, but it is something that He does in us as a result of our time with Him.

**3.** What are things you can do to be intentional about your time with God?

**4.** If you don't tend to a garden regularly, what will happen?

#### Taking it Home

Our main passage this week was Matthew 5:21-26. If you read it, you would have read that Jesus raised the bar from the sixth commandment, "Thou shalt not murder". He tells his disciples that "anyone who is angry with a brother or sister will be subject to judgment.", Jesus wants his followers to understand that one's heart towards others is what truly matters. God knows our hearts and every thought we have.

Be intentional this week with your thoughts and actions. Try to stay out of "auto-pilot" and stay in each moment of each day. Write reminders around your home and workplace or set reminders on your phone each hour. Keep your heart focused on God continually and see how it changes your thoughts, words, and actions.

#### Prayer Requests

- •
- •
- •
- •
- •
- .
- •
- •

#### Encourage "popcorn" prayer and have everyone be involved (do not force anyone to pray).

#### INSIDE OUT APRIL 21-27, 2024

#### <u>Getting To Know You</u>

One of the great parts of being in a Group at the Foundry is getting to know others better. Take a moment to jot down your answers to the questions below and be ready to share with your group.

Tell us about yourself...

• If you could go to any concert (past, present, or future) what would it be?

• What's one food you disliked as a kid, but now enjoy?

• If you could hire someone to assist you, what task would it be for (you can't say your job)?

• Looking over your Sound Bites and notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

#### **Getting Started**

Read Genesis 2:22-26 and Matthew 19:4-6

**1**. How do you see society treating marriage today? Is it a healthy view?

• Have you ever heard someone say, 'How long do you think that marriage will last'? Do you think that's a healthy thought?

• How should we respond? What could you say?

2. Why is it that divorce, adultery, premarital sex, homosexuality, and any other perversion of what God created is such a tough topic to openly discuss? What are the reasons holding you back from discussing these topics?

**3.** How do you see our culture here in America promoting relationships between people? How is it in opposition to what Jesus said in Matthew 19:4-6?

#### **Digging Deeper**

Read Matthew 5:27-32

We understand that adultery is wrong and in Matthew 5:28 Jesus throws a curve at the Pharisees when talking about lust. I want to clarify that lust is not only a sexual desire but can also be an intense longing. I'm guessing that most of us have probably thought along similar lines as the Pharisees when it came to this subject at some point, 'But I didn't act on it!' might be a common thought or excuse. Jesus says the adultery was already committed in our 'heart'.

• How does that fit with you today?

• Do you truly feel like you've committed a 'real' sin when you find yourself lusting after something or someone?

- What does that say about your heart?
- What can we do to change that?

Jesus explains that divorce is a result of sin in the world. Marriage was God's intention, divorce has been allowed because of hard hearts. There are many things now that have been permitted because of sin. God's intention was never war, but wars have been fought because of sin to bring justice. God permitted divorce to bring order into the culture of people whose hearts were far from Him. But we need to understand, it is not God's best.

• What is Jesus getting at when he speaks of Adultery and Divorce?

Jesus warns us against only looking at a list of rules and socially acceptable and unacceptable lists. He is calling us to understand this isn't just a "behavior" issue - IT IS A MATTER OF THE HEART.

Jesus wants us to understand that what goes on inside our hearts is what determines our actions. What goes on inside our hearts also tells us about our relationship with the Lord.

Our sinful nature, what we operated under before Christ, was the well we drew from after Christ had Lordship in our lives that needs to change.

• Jesus is telling us to stop concentrating on "rules" and look INSIDE. What is the state of your heart?

• Why do we let societal norms shift our hearts?

Do you recall the old TV series 'Desperate Housewives' from a few years ago? The whole show was based on conflicts in marriage and how the grass is greener on the other side i.e. having affairs. They made it sound and look enticing and inviting.

• How can shows like this change the way we view our marriages/relationships?

• What should we be doing to better our relationships?

#### Taking it Home

We are the church. Society is constantly pressuring us to conform to what they want. Christ wants His church to stay pure and true to God's word. How can we individually and together hold on to the Truth and how do we share the Truth? What are some things YOU can do in your circles of life to make sure we share that Truth? What are things the church can do, or provide, to make that happen?

#### **Prayer Requests**

- •
- •
- •
- •
- •
- .
- •
- •
- •

#### Encourage "popcorn" prayer and have everyone be involved (do not force anyone to pray).

#### INSIDE OUT APRIL 28- MAY 4, 2024

#### **Getting To Know You**

One of the great parts of being in a Group at the Foundry is getting to know others better. Take a moment to jot down your answers to the questions below and be ready to share with your group.

Tell us about yourself...

• What was your dream job as a kid?

• What are the top 3 items on your bucket list?

• Tell us a weird fact that you happen to know for no apparent reason.

• Looking over your Sound Bites and notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

#### <u>Getting Started</u> Funny Wedding Promises

-I promise to still love you even when we're constructing Ikea furniture

-I vow to laugh at all your jokes, even though they're mostly awful

-I promise to never steal the bed covers unless you're hogging them

-I vow to nearly always notice when you've had your haircut

-I promise to trust you when you ignore Google map because you know a shortcut

-I promise to try not to be hangry too often, but please learn to spot the signs early on and whip me up something tasty

-I vow not to keep score... I always win anyway

-I vow to comfort you when your team loses and never utter the phrase 'it's only a game'

-I promise to listen when you're talking to me about sports

-I vow to not carry on watching a Netflix series we started together without you. Or at least pretend it's the first time I've watched it when we watch it again

Promises- In Biblical times they were called oaths. Hear what Jesus has

to say about how we handle our words.

#### Read Matthew 5:33-37.

33 "Again, you have heard that it was said to the people long ago, 'Do not break your oath, but fulfill to the Lord the vows you have made.' 34 But I tell you, do not swear an oath at all: either by heaven, for it is God's throne; 35 or by the earth, for it is his footstool; or by Jerusalem, for it is the city of the Great King. 36 And do not swear by your head, for you cannot make even one hair white or black. 37 All you need to say is simply 'Yes' or 'No'; anything beyond this comes from the evil one.

1. Have you ever made a promise to visit someone, or made a financial commitment, or said to a son or daughter that "next time" you would take them here or there, or show up to one of their sporting events they have put time into ...and it didn't happen?

**2.** Have you been able to shake the fact that you have not been faithful to your promise?

**3.** What were some of the excuses you've used to ease your mind? After mentioning those excuses, who held prominence, or, who was best served?

Jesus recognized what oaths had become. By the way, Jesus is not talking about solemn vows of truth, for example, in court or in marriage. Here, Jesus is addressing the corrupt way people had begun using oaths in order to not keep their word.

In that day and age, if someone swore by God, then the debt of his oath was to God. So, in order to get around that, people started swearing for lesser things. The goal was, in actuality, deceit. They wanted to present themselves as having integrity that was displayed by a severe oath, but in reality, they were ensuring they had an "out".

1. Have you ever promised something just to divert attention? Maybe because you were in the hot seat? Or did you feel trapped?

2. How does this verse apply to us today?

**3.** Does your life carry enough integrity for people to believe your "Yes or No"?

#### **Digging Deeper**

Looking even closer, there is also an underlying lack of integrity. Because if you have known me to always keep my word, then when I say yes or no, you would not doubt. But if I have not always kept my word, I would need to invoke something greater to back what I was saying, because my character was not enough.

So just like so many things Jesus addresses, this wasn't really about oaths, as much as it is about the attitudes and intentions of our hearts. Our devotions this week ended with some practical applications to the passages we have been studying. So we thought we would try something similar with this week's message:

• Don't make rash promises to God. It's common to hear stories from people who say "God if you \_\_\_\_\_\_, then I will follow you my whole life." Now, I am not saying that God does not use difficult experiences to turn us towards him. That may be someone's first-ever prayer. But we need to be sure that we understand how things work.

**1**. Name some reasons why we would make a rash promise to God.

2. Have you ever bargained with God? "God If You do \_\_\_\_\_ I will do \_\_\_\_\_!"

God doesn't need us, we need him. When we receive Jesus as our Lord and Savior and are forgiven by Jesus, we are receiving the free gift of grace, given to us by God. Nothing we do ever earns that gift. Nothing we do ever reimburses God for that gift. God doesn't need you to follow Him, He loves you and desires to know you which will cause you to follow Him.

All of our lives we have exchanged this for that, time for a paycheck, services for opportunities, much studying for good grades... and so on. Everything you have comes at some kind of cost. Because everything here on earth has cost us something in order to get it; does this daily reality muddy up our idea of a "free gift of grace"?

• Live a life of integrity that glorifies God.

We are God's ambassadors (1 Corinthians 5 & Ephesians 6:20). There are people you encounter who know that you are a Christian, so what you do represents God to them.

Consider what these things might make people think about the God you represent:

You are dating a girl and you tell her you love her...but you don't, and you cheat on her, break up with her, or treat her poorly.

You work for someone and they ask you to do a task. You say you are on top of it. But then you do not follow through correctly, or in time, or at all. Your child (this is a big one) asks you to play with them. You say not right now, but I will tomorrow. AND YOU DON'T.

**1**. How do these people see God through your actions?

#### Psalm 15

A psalm of David. 1 Lord, who may dwell in your sacred tent? Who may live on your holy mountain? 2 The one whose walk is blameless, who does what is righteous, who speaks the truth from their heart;

3 whose tongue utters no slander, who does no wrong to a neighbor, and casts no slur on others; 4 who despises a vile person but honors those who fear the Lord; who keeps an oath even when it hurts, and does not change their mind;

• Don't splice words so that you have a way out of your promises.

Say it with me "God looks at the heart". It doesn't matter if you can legally speak yourself out of something you said- what was your intent when you said it? Picking apart the exact words you used to not be accountable is wrong. It is just like the Pharisees applying a different value system to items in the temple.

#### Matthew 23:17-21

"You also say, 'If anyone swears by the temple, it means nothing; but anyone who swears by the gold of the temple is bound by that oath'. You blind fools! Which is greater: the gold, or the temple that makes the gold sacred? You also say, 'If anyone swears by the altar, it means nothing; but anyone who swears by the gift on the altar is bound by that oath.' You blind men! Which is greater: the gift, or the altar that makes the gift sacred? Therefore, anyone who swears by the altar swears by it and by everything on it. And anyone who swears by the temple swears by it and by the one who dwells in it."

• Since we who believe in Jesus are now the temples of the Living God, should our "yes" and "no" be enough? Discuss with your group.

#### Prayer Requests

- •
- •
- •
- •
- •
- •
- .

#### Encourage "popcorn" prayer and have everyone be involved (do not force anyone to pray).

#### INSIDE OUT MAY 5-11, 2024

#### **Getting To Know You**

One of the great parts of being in a Group at the Foundry is getting to know others better. Take a moment to jot down your answers to the questions below and be ready to share with your group.

Tell us about yourself...

• What's the most embarrassing moment from your teen years?

• As a kid, did you ever do something wrong but manage to pin it on your siblings?

• If you were an Olympic athlete, what sport would you compete in?

#### **Getting Started**

Exodus 21:23-25 reads "But if there is serious injury, you are to take life for life, eye for eye, tooth for tooth, hand for hand, foot for foot, burn for burn, wound for wound, bruise for bruise."

1. Do you hold grudges? Have there been times when you were hurt and wanted to get even?

2. When we are hurting, we have a tendency to hurt other people around us. It's a widely known expression- "hurt people hurt people". Is it hard for you to love people when they continue to hurt you? Explain.

**3**. How can you love those who hurt or persecute you? How do we respond when we're wrongfully hurt by others and the world around us?

**4.** Are there times when you have played the role of the "judge" and realized that God is the TRUE Judge?

#### Digging Deeper Dead Matthew 11/28 and then De

Read Matthew 11:28 and then Romans 12:19.

**5**. What experiences do you still have weighing you down from experiencing true freedom?

**6**. Have you ever prayed blessings on those who have hurt you?

**7.** Do you have someone in your life you are struggling to forgive right now? What blessing can you speak over them?

#### Taking It Home

Take some time to think about how to love your neighbor and your enemy. Who is the neighbor you need to show God's love in action to in your life? How have you shown love and kindness to your neighbor? What does it look like for you to act in love towards your enemy? What weight in a relationship with someone else do you need to release to Him today?

• It's the person at work you don't get along with and would be perfectly comfortable not seeing for a few days, or weeks...or ever again. • It's the person who makes snarky and degrading comments on your Facebook/ Instagram posts about your favorite sports team.

• It's the person at the corner asking for your money on a cardboard sign, and you're not sure if they really need your money or if they're scamming everyone who passes by.

• It's the person from the other robotics team who made fun of your team's design/ creation.

• It's the seemingly well-put-together girl in your class who is rude to you and makes harsh or mean comments about you behind your back.

• It's the person whose lifestyle you completely disagree with and goes against what you believe in.

• It's the person who hurt you or someone you love deeply.

Do we really pray for our enemies? When the disciples asked Jesus how to pray, Jesus said, "And forgive us our debts, as we also have forgiven our debtors". Do you want God to forgive you the same way you really forgive your enemies? Do we know how to forgive? Pray that God would give you the grace and compassion to forgive others the way we hope He will forgive us.

# Prayer Requests

- •
- •
- •
- •
- -
- •
- •
- •
- •

#### Encourage "popcorn" prayer and have everyone be involved (do not force anyone to pray).

# INSIDE OUT MAY 12-18, 2024

# Getting To Know You

One of the great parts of being in a Group at the Foundry is getting to know others better. Take a moment to jot down your answers to the questions below and be ready to share with your group.

Tell us about yourself...

• What is your least favorite household chore?

• What is your "love language"- ie. words of affirmation, acts of service, gifts, etc?

• If you could only eat one food for the rest of your life, what would it be?

• Looking over your Sound Bites and notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

# **Getting Started**

Proverbs 14:31

"Whoever oppresses the poor shows contempt for their Maker, but whoever is kind to the needy honors God.".

Think about the word 'contempt'. It is such a strong word. Now imagine that our behavior or views about certain people translate to our "contempt' for the Lord.

**1.** What is your initial reaction to that? How do you feel?

**2.** Have you ever felt 'contempt' for something or someone? Discuss with your Group.

**3.** What are societal views toward poverty today?

Our devotions this week suggested that we hold things tightly "when we want to keep them when we don't want to lose what we can gain from it; we don't want to lose the security of having it or the power we feel it gives us".

**1**. What are you 'tightfisted' within your life? And why?

The opposite of this concept is trust- trusting that the Lord will provide and that He alone is sufficient.

**2.** Talk about a time in your life when you "let go" and trusted God to provide.

Read the devotion from this week out of Ezekiel 16:49 as a group.

**3**. What stands out to you? What part of this devotion hits close to home in your life?

4. Can you think of a time when someone showed you Christ's love during a tough season? What did that look like? How did that make you feel?

**5**. How about a time when you were able to help someone else in a time of need? How did that make you feel?

# **Digging Deeper**

In Ezekiel, the Lord describes his anger towards Samaria and Sodom. Now, we know that these places were full of sin because of the things they were doing. But we also read that God was angry because of the things that they didn't\_do.

6. What is something in your life that you believe God is pushing you to do, but you just haven't done yet? What is the hesitation?

7. In what ways do you serve God's people or His Kingdom? Where do you serve? If you do not serve or volunteer anywhere, what is holding you back?

**8.** Think about the scripture "Love your neighbor as yourself". Why is this so hard in the modern day?

In Matthew 6, it tells us that we can either receive a reward from God or people, but not both. Ask God to reveal behaviors or tendencies in your life when you seek man's approval above the Lord's.

**9.** Why do people intentionally do good deeds in front of others?

**10**.Is it possible to always hide the good things we do? Is it necessary? What is the principle we need to learn from this?

In our devotions this week, we read that Sodom was "overindulgent". They were so concerned with taking in as much as they wanted, that they never concerned themselves with the needs of the poor around them.

**11.** What are you "overindulging" in that keeps you from noticing those in need around you?

# Taking It Home

As you end your group discussion time today, we ask that you take some time to pray together out loud. Ask God to reveal the areas in your life where you are seeking man's approval over His. Ask the Lord to break your heart for the things that break His heart. And finally, pray that our Father will open your eyes and heart to the people around you who are in need. Ask Him to reveal ways that you can show love to His children the same way He shows love to you.

# Prayer Requests

- •
- •
- •
- •
- •
- •
- .
- -

#### Encourage "popcorn" prayer and have everyone be involved (do not force anyone to pray).

# INSIDE OUT MAY 19-25, 2024

# **Getting To Know You**

One of the great parts of being in a Group at the Foundry is getting to know others better. Take a moment to jot down your answers to the questions below and be ready to share with your group.

Tell us about yourself...

• What's one of your favorite childhood memories?

• What are three words you would use to describe yourself?

• What's one tradition that your family has that you love?

• Looking over your Sound Bites and notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

# **Getting Started**

Prayer is a process through which we learn to trust God, trust that He is listening and that He cares. In Philippians 4:6 Paul says, "Do not be anxious about anything but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

**1**. Do you pray to God in "every situation"? Why or why not?

2. If God doesn't answer your prayers right away, do you feel like He is listening to you? Do you ever get impatient with God for not responding?

**3.** Do you think parents should give their children everything they ask for? Why or why not?

**4.** When you pray to God, do you pray to Him as Father? Why or why not?

**5**. What has your experience been with your earthly father?

• How do you think that experience impacts the way you see God?

• How does it impact the way you pray to Him?

**6.** How does it make you feel knowing that God wants you to pray to Him about everything?

7. Have you ever had a moment in life when you wanted to pray but didn't know what to say? What did you do? Be sure to read Romans 8:26-28 if you've ever felt this way.

# Read Matthew 6:16-18

**1**. Do you enjoy praise from others? Does it ever motivate you?

**2.** Have you ever "humble bragged"? Or maybe "name dropped"?

**3.** Why do you think we desire the admiration of others?

**4**. Have you ever fasted? Why or why not? What was the outcome of your fast?

**5.** How does it make you feel when Jesus says that you should do these things in secret and He will reward you?

**6.** Is it hard to keep your good deeds a secret? Why or why not?

#### **Digging Deeper**

Read Matthew 7:7-12

As was noted in our devotions this week, the words "ask, seek, and knock" in these verses are written in their present tense form. This means that there should be continued activity of asking, seeking, and knocking. We shouldn't think that this is a one-time request or some type of ask in passing. An over-emphasized translation might look something like, "Keep on asking...keep on seeking...and keep on knocking...". If we compare the qualification in Jeremiah 29:13 which says "You will seek me and find me when you seek me with all your heart." with our verses in Matthew they add up to one of the main lessons that Jesus continued to teach his disciples during His entire ministry.

God wants your heart, your heart is what matters most to Him.

**1**. Does God have all of your heart or just a piece of it?

2. What would it mean or look like for you to seek God with your whole heart? Are there things or maybe people you would need to let go of?

**3.** How can your group come alongside you in this journey to encourage you?

# **Prayer Requests**

- •
- •
- •
- •
- •
- •
- •
- •

# *Encourage "popcorn" prayer and have everyone be involved (do not force anyone to pray).*

# INSIDE OUT MAY 25- JUN 1, 2024

# End of the Quarter Notes

• Thank you so much for joining us for another quarter! We are always desiring to hear from you and your experience in Groups. If you'd be willing we'd love for you to take a quick survey that can be found by scanning the QR code below.

• Group leaders, this week is a great opportunity to discuss plans for the summer. Do you plan to keep meeting and studying a book from our recommended list? Do you plan to take some time off? Will you meet socially this summer? Make sure you discuss your ideas in Group this week.



# <u>Getting To Know You</u>

One of the great parts of being in a Group at the Foundry is getting to know others better. Take a moment to jot down your answers to the questions below and be ready to share with your group.

Tell us about yourself...

• If you could snap your fingers and become an expert at something what would it be?

• What advice would you give to your teenage self?

• What topic could you give an hour-long presentation on with little to no preparation?

• Looking over your Sound Bites and notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged or confused you?

# **Getting Started**

Read James 5:2-3 and Matthew 19:16-30 **1**. Do you view yourself as rich? Why or why not?

**2**. Do you think you're greedy? Why or why not?

**3.** What are the last 5 things you bought on Amazon (or at the store that weren't groceries)? Did you need them?

**4.** How often do your wants drive your spending versus your "needs"?

5. If Jesus called you to sell everything you have and to live a life of rice and beans and sleeping on dirt floors, would you?

• Have you ever felt called to give money and didn't? Why didn't you?

**6.** Do you believe there is such a thing as reckless giving? What would that be or look like?

• Do you ask God how to spend His money? Why or why not?

**7**. How does one store up treasure in heaven?

• Would you say you have stored up a lot or a little in heaven? Why?

• How would you store up more in heaven?

• Why does Jesus say to store your treasures in heaven?

#### Prayer Requests

- •
- •
- •
- •
- •

*Encourage "popcorn" prayer and have everyone be involved (do not force anyone to pray).*